## CARRIER

### THE PAPER

### 01

CARRIER.CO.UK

### YOUR CURATED GUIDE TO MEANINGFUL LUXURY EXPERIENCES

#### FAMILY MATTERS

Multi-generational travel

How holidays can strengthen family relationships across all age groups

### **LUXURY SELECTION** From suitcases to art

What to love and where to be right now with help from the experts

**INTO THE WILD** A South African safari

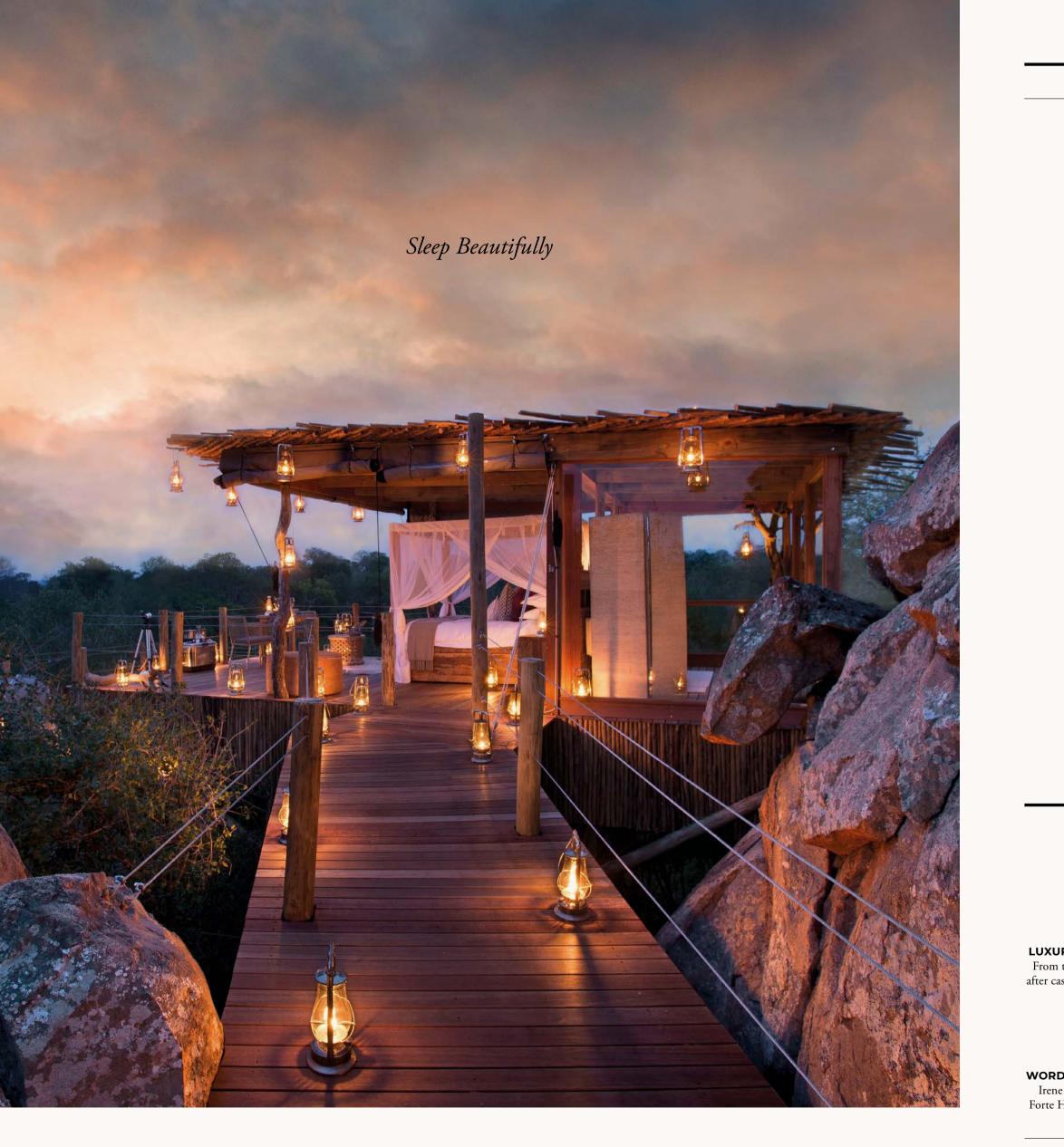
Unearth a magical journey across the plains that's far from ordinary

### LIFE LESSONS

With adventurer Ben Fogle

The action man on the importance of connecting with local communities





Sleep is essential to your wellbeing and feeling replenished. We believe travel creates the ideal time and environment to truly unplug and reconnect with yourself. Dedicated to the smallest of details, we care about where and how you rest your head. Rest assured, you'll sleep beautifully with Carrier.



## Welcome to CARRIER, The Paper

The world is changing and you are changing with it; your goals, your expectations, your desires and dreams have evolved. The way you want to travel has also changed. A satisfying journey isn't just a five-star hotel and business class flights; it's about emotion, fulfilment, reward and ultimately happiness. As with any luxury brand, heritage, craftsmanship and service come as standard, but when you travel with Carrier you'll discover humanisation and creativity are at the very heart of our culture. Each experience we create is in itself a work of art, brought to life through a deeper customer connection and a close network of facilitators and connectors.

Your journey will be beautiful, not just in an aesthetic way but in a truly authentic way. It will be purposeful, crafted uniquely and creatively to meet the individual needs and desires of each and every traveller, opening minds to the awe-inspiring possibilities our world has to offer.

We want to propel you into the next chapter of luxury travel with CARRIER, The Paper. Discover the latest happenings, products, brands and experiences that reveal creative imagination at its best. Through these stories and through the eyes of others, allow yourself to be drawn into our enchanted world.

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Luxury London Media One Canada Square Canary Wharf, London, E14 5AX United Kingdom V t: +44 (0) 20 7537 6565 e: info@luxurylondon.co.uk www.luxurylondon.co.uk	Editorial Director: Hannah Lemon Creative Director: Laddawan Juhong Commercial Director: Rachel Gilfillan Production Manager: Alice Ford General Manager: Fiona Smith Managing Director: Eren Ellwood	© COPYRIGHT 2019 CARRIER. All material strictly copyright and all rights reserved. Reproduction in whole or in part without prior permission of Luxury London Media Ltd and/or Carrier is strictly forbidden. All content is believed to be correct at time of going to press. For prices, services and lineraries, please see www.carrier.co.uk for details. All prices are correct at time of going to press. Prices are subject to change without notice. E&OE. Carrier does not officially endorse any advertising material or editorials for third-party products included within this publication. DATA PROTECTION STATEMENT: Carrier respects the privacy of every individual who receives CARRIER, <i>The Paper</i> publication. Any information collected about you will be used to fulfil the delivery of the magazine. for readership profiling purposes and for further marketing of Carrier products and events. We do this by making appropriate use of the information. This information will not be disclosed to anyone outside of Carrier, its affiliated or associated companies, its agencies, dealers, partners on licenses. It will be treated in accordance with the relevant legal provisions concerning data protection and may initially be stored and processed inside or outside the European Union anywhere in the world. You have the right as und with and introduce volut what information would about you and make corrections in fracessary; you also have the right to ask us to not use the information, as well as the right to opt out completely. Any data protection request should be directed to Carrier c/o Luxury London Media, 6th Floor, One Canada Square, Canary Wharf, London, El4 SAX or email usa: information, couk.		

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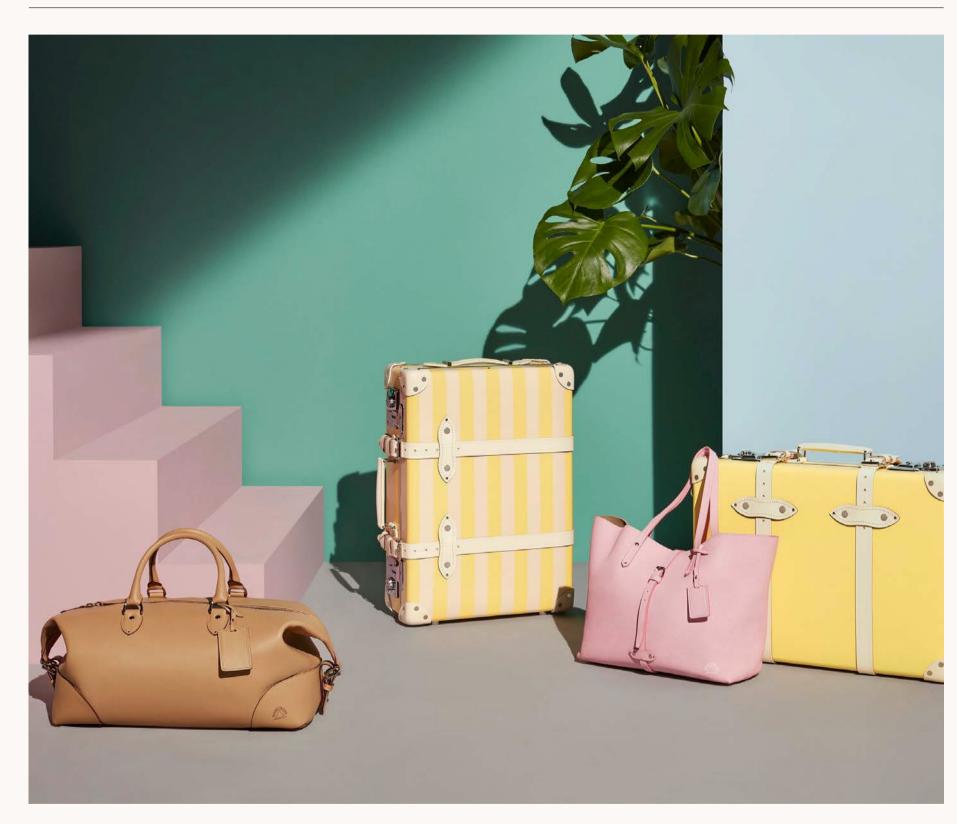
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# Luxury selection

### WHAT TO LOVE AND WHERE TO BE RIGHT NOW







### PACKING PASTEL

Globe-Trotter is channelling the Mediterranean coast for its latest spring / summer collection

### THE RIVIERA COLLECTION

From the glamour of the Côte d'Azur to the picturesque Portofino, this latest collection from Globe-Trotter is an embodiment of the luxury and excitement of coastal living. The fun, stripy designs are inspired by seaside soujourns, yachts, deck chairs and parasols. The honeymoon luggage of choice for Royalty, this is the must-have ultra luxe suitcase for this season.

### The Art Edit STRIKE A POSE

Be inspired by one of the world's greatest style icons as Dior takes centre stage both in the UK and France



### PRINCESS IN DIOR

Until 17 Nov 2019

Grace Kelly, the American actress who became a royal after marrying Prince Rainier III of Monaco in April 1956, had an unprecedented influence on fashion. Her transformation from stage to throne saw her classical elegance garner international attention. Opening at the Christian Dior Museum in Granville, the exhibition Grace of Monaco: Princess in Dior pays tribute to the steadfast friendship between the House of Dior and the emblematic sovereign. It celebrates the refinement and extraordinary personality of an eternal icon through the exceptional dresses that were created for her over the years. Closer to home, you can also visit the Christian Dior: Designer of Dreams exhibition at the Victoria & Albert Museum (running until 1 September).

### Artists' stories How creativity inspires us

### ANTONY MICALLEF, **CONTEMPORARY ARTIST**

"My favourite art discovery was when I stumbled across Hala Kaiksow in the Victoria & Albert Museum. The Bahraini fashion designer views clothes as uniforms and her garments are inspired by work clothes. I have a real love for Japanese design and these garments somehow dance between a style that is regimentally ordered with a warm handcrafted touch. A beautiful hybrid balance that is steeped in tradition yet feels futuristic."

### LADY DEIRDRE DYSON. ARTIST AND DESIGNER

"Last year I saw a David Nash exhibition at the Annely Juda Fine Art Gallery. Trees are my inspiration for both painting and designing. David Nash is a master of tree sculpture and I fell in love with his works."

### NICOLE FARHI, ARTIST

"Last summer in Paris at The Museum of Jewish Art and History, I discovered the work of German photographer Helmar Lerski. Lerski made wonderful images of working hands and unusual portraits that played with light. Hands and faces are a source of inspiration for me and were the subjects of my first and second sculpture shows: 'From the Neck Up' and 'The Human Hand'. I find his work poignant in its humanity."



### The Watch

19 DEC 1955

### A LASTING LEGACY

The Legacy Machine FlyingT is MB&F's first timepiece dedicated to women. Marrying fine art with haute horology, a 60-second flying tourbillon sits under a high-domed sapphire crystal case to endow the timepiece with dynamic energy. About time, we say.





### The Motor

### DRIVING IN AUTOPILOT

### The world's first self-driving electric racing car

Take a moment and feast your eyes on the future, because this may very well be what it will look like. What you're looking at is the Robocar – the world's first self-driving electric racing car designed by Daniel Simon, the concept designer known for his automotive futurism and vehicle designs in the film Tron: Legacy.

For such a forward-looking motor, the setting of this photoshoot makes perfect sense. Radically fresh for its time, the Centro Niemeyer in Avilés Spain perfectly complements the car, resulting in a marriage of human

design and futurism. Shot by Benedict Redgrove, whose works often focus on geometry and

vehicles, the resulting images were retouched by creative studio INK to accentuate the balance between the crafted curves of the Robocar, the futuristic atmosphere of the Centro Niemeyer and the contemporary aesthetic championed in Redgrove's work. If the future looks this good, bring it on.



#### THE ROBOCAR IN NUMBERS

WEIGHT 1,345 KG

MAXIMUM TORQUE 540KW COMBINED (EQUIVALENT TO 700 BHP)

BATTERY MAX. 840V HV BATTERY ACCELERATION/TOP SPEED 0-60MPH/0-100 KPH IN 3 SECONDS

WHEELBASE 2,800 MM

### The Insider

### MIND YOUR MANNERS

To mark its 250<sup>th</sup> anniversary, Debrett's hands out tips on proper etiquette



### **GENERAL ETIQUETTE**

Manners and soft skills are constantly relevant. It's not just about posture and deportment, but how to conduct a meeting, how to meet and greet somebody or what's appropriate if you're doing business in a foreign country. Make sure you do the research.

#### INTERPERSONAL SKILLS

Smart phones and social media are relinquishing some of the face-to-face interpersonal skills that we may have had to develop in the past. Take the time to put your phone down and really listen to people.

#### PHONE MESSAGE GROUPS

When you are using modes of electronic communication, do keep in mind the appropriate form. If you wish to leave a group chat, for example, let all the participants know beforehand rather than trying to sidle out discreetly.



to live exactly as you please.



 $\wedge$ A RARE AND INTIMATE ENCOUNTER A spectacular modern haven, celebrating the breathtaking, natural beauty of its unique location, One&Only Gorilla's Nest, Rwanda is due to open later this year. Here, you can experience a rare and intimate opportunity of a lifetime with majestic mountain gorillas, roaming free in their own natural habitat as they welcome you into their world. Nothing will prepare you for the intensity of this magical encounter that will leave you speechless but with a thousand stories to tell.

A WORLD WITH NO RESTRAINTS Be one of the first guests at the new ultraexclusive private island resort, The Nautilus, Maldives. Its unique philosophy means there are no restraints; time has no meaning with no set restaurant hours and the day's activities are led soley by your desires. Here you have the freedom



### The News Flash

### TRAVEL UPDATES

Keep hot on the pulse of unique experiences from around the globe



### MAJESTIC AND BOUTIQUE

COMO founder Christina Ong stayed at **Castello** Del Nero, Tuscany on a private family holiday and developed such a connection with the estate, COMO purchased the property in 2018. At this 12th century castle, both majestic and boutique, expect Michelin-starred dining with estate-totable Tuscan produce, meaningful wellness therapies at COMO Shambhala Retreat, a cooking school and gelato classes for the whole family, plus truffle hunting and grape harvesting.



### **PASSION IN PROVENCE**

 $\searrow$ 

A new unique vineyard experience at **Grand-Hôtel** du Cap-Ferrat, A Four Seasons Hotel offers guests access to the usually off-limits Domaines Ott, one of France's most exclusive vineyards. You'll arrive by helicopter to the estate run by the Ott family, whose passion for Provence and its vines dates back to 1896. Prepare to sample the world acclaimed Provençal rosé wine and learn the family secrets behind its processing.

### LIFE LESSONS WITH

# **BEN FOGLE**





Images courtesy of Celebrity Cruises

"The greatest wealth I can give my own children is experience and opportunity to explore, learn and grow"

former reservist in the Royal Navy, the broadcaster and adventurer Ben Fogle first found fame on BBC's *Castaway*, in which he was marooned on an island in the Outer Hebrides for a year. Since then, he has presented numerous programmes including Countryfile, New Lives in the Wild and Crufts; published nine bestselling books; and been named the United Nations Patron of the Wilderness. Adventure being at the heart of his passions, he has scaled Mount Everest, rowed across the Atlantic and raced to the South Pole. To encourage others to get out of their comfort zone, he launched Ben Fogle's Great Adventures with Celebrity Cruises to offer a unique series of shore excursions that capture his immersive travel style. Across all of these endeavours, Ben Fogle shares a profound interest in family, self-improvement and community, as Carrier finds out...

How can different generations build stronger connections with each other? Simple. By spending time together and sharing experiences. There is nothing as bonding and binding as experiential travel. Choosing things that you can all enjoy together are also important. An eight-year-old and an 80-year-old will have different needs, but it isn't hard to find suitable activities – something that is new to everyone is always a winner.

### Do you think it is important to push personal boundaries?

Life is too short. I have always lived by the motto: 'to add life to my days, not days to my life'. I want to fill it with as much colour and light as possible. Travel and adventure give me those experiences. I like to take myself out of my comfort zone and make the most of my life. I also want to seize opportunities and live life with no regrets. For me, the greatest wealth I can give my own children is experience and opportunity to explore, learn, grow and be curious.

### Is taking the time to unwind essential for maintaining a healthy lifestyle?

I just need to be in the outdoors to relax. So many people assume that we need to create a great boundary between work and relaxation but for me I can work and relax in the same environment. It's about switching off and taking in your surroundings. There is nothing as soothing as staring into the wilderness.

### When abroad, how important is it to connect with the local community?

You haven't really travelled if you have merely translocated your normal life into a new environment. Travel and, specifically, experiential travel, is all about immersive journeys. It's about being a part of the fabric of a new land. It's about tasting the food and experiencing the culture. Community is so important in many cultures and for me you haven't really experienced a new country until you have spent time with the local people.

## TOM DAVIES

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### AT A GLANCE



### A PRESIDENT'S JOURNEY AROUND THE WORLD

21 Jan – 13 Feb, 2020

24 days Seattle • Japan • Laos • Maldives • Rwanda • Namibia • Brazil • Galápagos Islands • Orlando



**AROUND THE WORLD** 21 Feb – 16 Mar or

24 Oct – 17 Nov, 2020

#### 25 days

Florida • Peru • Easter Island • Samoa • Australia • Cambodia • India • Tanzania • Jordan • Morocco • Florida



#### SOUTHERN AFRICA: WINE AND WILDLIFE

31 Aug – 17 Sep or 16 Sep – 3 Oct, 2020

#### 18 days

Cape Town • Cape Winelands • Namibia • Victoria Falls • South Luangwa National Park • Mozambique • Kruger National Park • Hermanus

## How time flies

When the hours and days seem to be rushing past in a flurry, a private jet experience can make every moment stand still

Time is often the most sought-after luxury. Inbetween a busy working day, social engagements, looking after the family or trying to find a spare moment with your partner, there never seems enough of it. So when it comes to planning a holiday to nine different countries in 24 days, with the most inspiring UNESCO Heritage Sites, rich cultural experiences and local cuisine – it simply seems laughable.

What you may have thought impossible is now easier, more exclusive and more luxurious through unparalleled and meaningful private jet itineraries with TCS World Travel. With over 25 years in the industry, TCS World Travel has developed and operated just shy of 300 luxury jet expeditions to more than 200 unique destinations.

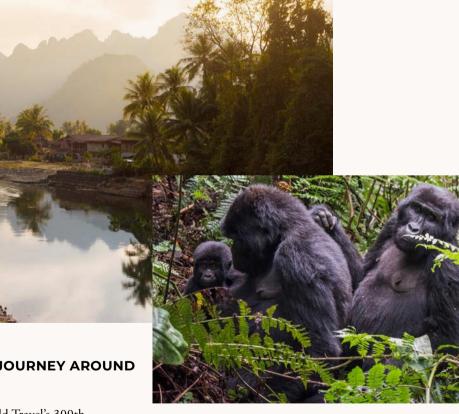
With a team of seasoned travel experts, the company has been dedicated to enriching lives through travel since its founding in 1991. As pioneers in the private jet industry, it is the most experienced jet expedition company in the world offering exceptional service, bespoke activities and the best in five-star luxury accommodation (the company

even operates the Four Seasons Private Jet Experience). Always looking to surpass guest expectations, TCS World Travel continues to innovate new ways of exploring the world. Its local experts live in the community and can connect guests deeper with the local customs and culture of each destination.

This trend for the 'all-inclusive journey' amongst the wealthy has become the ultimate solution to saving time without compromise and restrictions; exceptional comfort, extra legroom, less time in transit and airports, and minimal stopovers. In fact, you'd need an extra ten days to replicate a similar journey with a commercial flight. On-the-ground activities can be curated and customised around what interests you most, from attending a Samoan Women's Committee meeting to hikes and kayak outings. Activities take place in small and intimate groups while offering privileged access and opening doors to invitationonly places.

The only hard part is finding a few minutes to choose which epic journey you want...







To celebrate TCS World Travel's 300th milestone journey, president of the company Shelley Cline has curated her favourite destinations for a once-in-a-lifetime journey. She'll join guests in some of the world's most remote and wondrous places, including the ancient capital Luang Prabang in Laos, an entire town that has been declared a UNESCO World Heritage site for its revered temples and palaces.

Expand your mind with yoga sessions overlooking the ocean in the Maldives and come face-to-face with a family of gentle mountain gorillas in the lush bamboo forests of Rwanda

Nature is in abundance on this trip and the ornithological offering is a highlight; Nazca Boobies and Great Frigatebirds make their home on Genovesa Island, Ecuador, while the waters around the Galápagos Islands are ideal for catching sight of green sea turtles, sea lions and more.





#### **AROUND THE WORLD**

There's a reason Phileas Fogg travelled around the world in 80 days - to behold the amazing sights of the globe in one tour. Lucky for us, it's possible to do the same. But in only 25.

An itinerary of life's must-see destinations – from Machu Picchu to the Taj Mahal, Angkor Wat to the Lost City of Petra – this trip is hardly one to miss. The ancient wonders of the historic Cusco and the Inca ruins await as does the lost civilization of Easter Island and the Rano Raraku quarry, where hundreds of moai were abandoned. Not only do these places have huge historical significance, but you will be guided by experts who will explain the secrets and untold stories of these lands.

Learn about local customs and community while abroad, too; for example you can experience island life at a Samoan Women's Committee meeting. Don't forget the wildlife there's none so famous as the vibrant fish of the Great Barrier Reef or the Big Five on the Serengeti.



### **SOUTHERN AFRICA:** WINE AND WILDLIFE

Explore the best of Southern Africa on this exciting 18day journey that highlights eight unique destinations in five countries. Start with the highlights of picturesque Cape Town and sample some of the world's finest wines in the fertile Cape Winelands. Embark on an adventure across the massive sand dunes of the Namib Desert and venture into Zimbabwe to stand atop the thundering Victoria Falls, a UNESCO World Heritage site.

Then it's on to Zambia to track an array of wildlife among the riverine landscapes of South Luangwa National Park. Take time to relax on Mozambique's white-sand beaches before venturing into the South African bush in Kruger National Park to search for the Big Five: lion, buffalo, leopard, African bush elephant and rhinoceros. End your journey just south of Cape Town, where you can discover the wonders of the Grootbos Private Nature Reserve, a pristine wilderness between mountains, forest and sea.

Carrier and TCS World Travel is a collaboration between two brands with a shared purpose – to bring the world closer and deeper in ways our clients never thought possible

# Young at heart

### SEE THE WORLD THROUGH THE EYES OF YOUR CHILDREN FOR A DIFFERENT PERSPECTIVE

There is something incredibly powerful and pure about the way children see the landscape around them. The energy and excitement in how they approach every day allows us, as adults, to explore things that we tend to forget as we grow up. It might be the overwhelming colours of breakfast for a five-year-old – the glistening pastries, the vibrant fresh fruit – or learning new skills as a teenager – cooking, history or conservation. Through curated activities, you can pass on important life lessons, such as the benefits of organic, fresh produce and preserving ancient traditions. At any age, this can help form a child's values as well as the family's as a whole.



### THE WORLD'S BEST TREEHOUSE

Watch your children's fantasies become a reality as they enter this colossal suspended den, shaped like a manta ray, hovering among the treetops at *Soneva Kiri* in *Thailand.* As impressive inside as out, it contains space for individual rooms dedicated to art, music and fashion as well as a library with a catamaran-style netting floor covered with comfy cushions. Much to the delight of every child that visits, the final flourish is the entrance, which features a real drawbridge that leads up into the ray. Nature is at the heart of this eco-friendly construction: windows in the floor peek down to the forest below and children learn about social and

environmental responsibilities, designing and creating from recycled magazine paper. To enhance their awareness of local culture and values (an important part of the den's ethos), the music room is filled with traditional Thai instruments for them to play.



Nature is at the heart of this eco-friendly construction

#### HIDDEN SECRETS OF MEXICO

Parents wanting to support their child's education on the wellbeing of the planet may have difficulty selling a 'lesson' as an activity, but eco-tours at Rosewood Mayakoba, Mexico take on a life of their own. Highlighting the importance of a balanced ecosystem, and caring for animals and their natural habitat, experts will guide children on a boat excursion through winding lagoons. Little explorers are free to marvel at crocodiles, birds, turtles and iguanas as well as a host of other flora and fauna. Adults are welcome too, so get ready for the whole family to be surprised, delighted and spell-bound by Mexico's native creatures.







Photo credit: Karel Balas



### WATER BABIES

Jumby Bay Island in Antigua is home to The Jumby Bay Hawksbill Project, the longest, continuous-running hawksbill research programme in the world. But monitoring and researching these graceful creatures isn't just an activity for experienced conservationists. The Hawksbill Turtle Programme encourages children of all ages to engage in the island's conservation efforts by watching turtle nesting and an endangered turtle to track its progress. This once-in-a-lifetime and immersive experience involves thoughtfully-curated activities, such as guided tours with experts, beach maintenance in the stunning scenery and a private family dinner on the beach to bond over these amazing insights. There is nothing more empowering for a child than the breathtaking chance to see tiny turtles make their way to a new life in the sea.

hatchings and even 'adopting'



### THE POWER OF IMAGINATION

On arrival at **One&Only Reethi Rah** in the **Maldives** every child is welcomed by a Kids Buddy, trained and qualified by Worldwide Kids, a global consultancy with a wealth of knowledge in childcare. Fluent in Russian, Ukrainian and English, the Kids Buddy actively encourages the power of imagination through a bespoke personalised schedule that embraces the surrounding

lagoons and white sands. A firm favourite is the weekly pirate adventure. Bringing to life the excitement of storybooks like Peter Pan, children can hop on a traditional Maldivian dhoni, meet Captain Hook and hunt for buried treasure – all while learning new creative skills and teamwork. One&Only is dedicated to creating personalised moments and, through the Kids Buddy programme, families are brought together by meaningful and entertaining exploration.

There is nothing more empowering for a child than the breathtaking chance to see tiny turtles make their way to a new life in the sea



### AN ENCHANTED KINGDOM

Four Seasons Resort Orlando at Walt Disney World® Resort not only surprises children but reinvigorates parents with the purest glee, too. Set in Walt Disney World itself, you couldn't be closer to the action, where the most special, magic-filled moments are personalised to you. It might be an action-packed adventure through the sprawling five-acre water park and slides, a drive-in movie and breakfast with Goofy. Or it could be a private meal on the rooftop restaurant surrounded by the bright lights of sparkling fireworks. Whatever a child's heart desires, it can be created here.





### PLAY TIME

Jumeirah Beach Hotel in Dubai holds prime position on the shores of the Arabian Gulf with a private beach and spectacular panoramas. Activities here are endless; a seathemed kids club, yacht cruises, scuba diving and more than 10 restaurants to choose from. Plus, guests can enjoy unlimited direct access to Wild Wadi Waterpark<sup>™</sup>, which is themed around the tale of Juha, a well-known character from Arabian folklore. Everyone in the family will be realising their inner child as they splash and slide around the exciting rides. For a welcome calm after a day of adventure, stay in one of the Beit Al Bahar Villas, with a private plunge pool and dedicated butler.

# Family matters

With today's hectic lives – busy work schedules, school commitments, relatives living all over the globe – holidays can really strengthen family relationships, from Generation X to Generation Z

Words: Francesca Lee-Rogers



amily life is increasingly busy – and it's little wonder that with the ever-growing pressures of modernday life, precious time together can often be put on the backburner. Parents find themselves under the burdens of long working hours and lengthy commutes, which are just some of the factors contributing to the feeling that they don't spend enough time with their children.

The facts speak for themselves: the average family only spends one hour a day of undistracted time together. What's more, this issue is often further accentuated with extended family who might feel as though they're missing out too, with even fewer chances to gain quality time with their children and grandchildren.

A holiday away is the perfect antidote to reconnect – uninterrupted – with loved ones from all generations. This idea of multi-generational travel – which tends to involve three generations going away – has become a key trend over the last year, with the frequency of bookings rising to one in three trips. And this increase in demand isn't down to grandparents being invited along as auxiliary babysitters; it's about creating wholesome experiences together and can involve aunts, uncles and cousins, too. No longer are families just jetting off to a five-star hotel in the Caribbean to sit on a beach; now these excursions involve private chefs to relieve pressure from mealtimes and curated cultural tours with art historians to transform ordinary museum trips.

As a result, the question for families embarking on a new 'multi-gen' holiday is much less about the 'where' and 'how', and far more about the 'why' and 'with whom'. In new surroundings and in the right space, routines and schedules can be left behind and normal hierarchies between generations can be removed. Parents can stand on an equal playing field with their children, whether that's laughing over their favourite fashion faux pas in a visit to the Salvatore Ferragamo Museum or forging new skills together with private Mediterranean cooking courses.

Often it has little to do with the destination but more the personalisation of activities. Carrier believes in the power of a trip to really make a family and so works closely with partners to ensure complete customisation to everyone's needs, removing the stress of organising and providing the detail required for such an important holiday.

One such resort is the family-owned *Blue Waters Resort & Spa* in *Antigua*. Owned by the Randalls since 1984, father Ron and sons Gary and Tony run the establishment with the full understanding of what makes family experiences here so memorable and special. Many employees have worked at the resort for decades and welcome guests, most of whom have been returning for just as long, with a friendly smile.

This warm familiarity along with its 17-acre tropical garden, luxury villas and water sports make this an ideal place for guests of all ages to reconnect. And no more so in the calming and relaxing environment of the elegant spa. Mothers, grandmothers, daughters and cousins can book in some deserved wellness time with the trained therapists. Mini bathrobes and non-toxic varnishes can encourage little ones to join in on the action, while older members of the group and teenagers can bond over swapping beauty tips and styles in a fun and laid-back environment.

For a unique home-from-home experience, *Porto Zante Villas & Spa* in *Greece* is ideal for private villa living. This world-class secluded resort comprises a handful of luxury villas studded across a private beachfront, providing ample space to be together with all the amenities of an exclusive five-star resort. Mealtimes here encourage great conversation with inventive dishes made from the freshest local produce, caught daily from the ocean

This page, from left: Porto

Beach Resort; Blue Waters

Zante Villas; Columbia

Resort & Spa





Carrier believes in the power of a trip to really make a family and gathered from the gardens of the island. Surrounded by the beauty of the natural world, sharing an adventure by speed boat to Ancient Olympia or Turtle Island to spot the endangered sea turtles are moments that will last a lifetime. A leisurely cruise to explore a famous shipwreck or the characterful Ionian Islands enables generations to learn from each other about the value of pure, untouched nature and the thrill of uncovering its secrets. After the day's adventures there's nothing more rewarding than an APIVITA treatment from your private therapist; the essential oils and creams are made from the purest ingredients from organically-grown plants in Greece, so your closeness to nature remains.

Meanwhile, the *Columbia Beach Resort* in *Cyprus* is an expansive hotel that has impressive accommodation for guests to choose from. Overlooking Pissouri Bay on the south-west of the island, multi-gen guests can indulge in the unparalleled luxury and expansive views of the Eagles Nest Suites. The different bed combinations and room styles mean that everyone, no matter what age, can be provided with the right space and privacy to suit their needs but be brought together in one place. Take away the distractions of a typical domestic dining scene while you're here, and let the family recount their experiences of the day's adventures over executive chef Ioannis Giakoumidis' seafood dishes designed for sharing. With exotic cocktails and a backdrop of the sea from your private balcony to boot, different generations can play card games and tell stories under candlelight. And there are plenty of chances to continue these intimate moments together with cookery demonstrations and even lessons in Greek.

If it's time to book your trip, don't start with the destination, start with why you are going. Is it about sharing adventure or is it about relaxation and just spending rare moments of quiet together? Whatever the needs and goals of each person in your family, Carrier ensures everything is booked in advance. Every small detail is well taken care of before you've even thought about it, from an additional transfer just for all the luggage to your private in-villa chef already preparing some of your favourite family meals. And special occasions are our speciality so if your holiday is to celebrate a birthday or anniversary we can create surprises and experiences that bring generations closer together than ever before.

### WORDS OF WISDOM

## **IRENE FORTE**

The wellness director of Rocco Forte Hotels reveals her passion for all things Italian



and drink.

My role as wellness director is to address complete enrichment and unity of physical, mental, emotional and spiritual health, fusing proven, pioneering science and technology with inherited wisdom and an affinity with nature. In short, we focus on five areas in life: nourishment, fitness, the mind, community and sustainability. We provide guests with running maps and offer sightseeing running and cycling tours, combining the culture of the city with improving fitness. We strive to bring the best possible local experiences to our guests in each hotel.

How do I relax? I love facials, a good massage and doing lots of sport. I'm also crazy about travel (which correlates to my work) and try and do one adventurous trip per year. Three years ago I went to Burma; I loved the hot air balloons at sunrise in Bagan and the peacefulness of Inle Lake. Two years ago I went trekking in the Himalayas in search of snow leopards. But given that Rocco Forte Hotels is a family business and that I have my own skincare brand, it's difficult to separate work from my personal life. But I love what I do, so at times it doesn't feel like work. I can't complain!

Irene Forte knows the family business inside out. She joined Rocco Forte Hotels, which was founded by her father, six years ago after reading French and Italian at the University of Oxford, and works alongside her older sister Lydia, who oversees food

A trilingual, marathon-running charity ambassador, Forte is in charge of elements of learning and development, as well as spas and fitness. She also found time to launch her own Sicilian-inspired skincare line in 2018 after falling in love with the Mediterranean island and its rich ingredients. With recyclable packaging, vegetable- and soya-based inks, and fresh, organic ingredients, Irene Forte Skincare's entire lifecycle is commendably sustainable, as is her lifestyle.

I think that a good skincare regime can boost your physical and mental wellbeing. Generally, if you have a good skincare regime, you tend to be conscious about other things, too. The reality is that it needs to be combined with lots of sleep and finding tools to help you relax and not over-stress. As well as this, you need to try and drink lots of water and implement a healthy diet rich in omegas and low in refined sugars and alcohol. Plus, having good facials regularly can do a world of good for your skin. I strongly believe in using natural products, which is why I created Irene Forte Skincare; it uses the freshest and simplest ingredients from Sicily. It contains a matrix of different Mediterranean ingredients that we actually eat, and that we know are rich in vitamins and minerals that positively impact

the body. We also use ingredients that are naturally occurring in our body and that boost skin quality, such as ceramides, sodium PCA and hyaluronic acid.

Lots of chemicals can have a detrimental effect on your skin and on your health more generally. The skin is the largest organ of the body and up to 2kg of chemicals can be absorbed through it each year just from toiletries and skincare products.

After introducing my products to Rocco Forte Hotels and conducting extensive training, it is now the lead brand offered at all its spas with a curated menu of treatments and rituals. In fact, the first two Irene Forte Skincare spas are opening this May. I'm extremely excited about it!

The beauty products I use depend on where I am going and the season. Either way, my staples are a lip balm to keep my lips nourished and a night cream when I travel, given that planes dry out my skin.

As for fashion, I love colour and fun shirts; Borgo de Nor for its dreamy floral dresses and Dolce & Gabbana for its bright prints and the fact that it's inspired by Sicily. But Aquazzura is my ultimate shoe brand - the shoes are fun, super-high and comfortable. I never go anywhere without heels, given that I'm a little short.

### CARRIER RECOMMENDS...



#### HOTEL DE RUSSIE, ROME

An enduring favourite of artists and writers, stars and politicians, Hotel de Russie was dubbed 'paradise on earth' by French poet Jean Cocteau in 1917. Artist Pablo Picasso

and Cocteau stayed here back in 1917 when they were preparing to stage the first ever Cubist ballet. The Mediterranean tiered Secret Garden, with rose bushes and orange trees, provides artistic inspiration in abundance.



#### **VERDURA RESORT, SICILY**

Verdura Resort offers an outdoor sunrise and sunset yoga, as well as boot camps. Jogging, trekking and cycling trails meander through the resort's olive, orange and lemon

trees, allowing guests to uncover Sicily's rich culture. There's also the U Canuscituri, a community of insiders offering access to traditions and secrets of the area. More than a concierge, this service acts as a local friend.



#### HOTEL SAVOY, FLORENCE

Moments from the majesty of the Duomo, Hotel Savoy will provide you with a romantic journey into the grand palaces in the historic heart of the city. Savour

an aperitivo on the decadent outdoor terrace and indulge in expertly crafted fine Italian cuisine, using some of the region's best ingredients. Why not hunt for the latter yourself and dig up some world-famous truffles?

## In search of vitamin sea

It's not easy to find the place, and pace, that's going to make you happiest - we reveal the best destinations to benefit from the wonders and healing powers of the mighty Adriatic Sea

Words: Annabel Harrison

ver since ancient times, the world's vast and powerful seas have been known to penefit people suffering from illnesses, exhaustion and respiratory problems – Hippocrates, the father of medicine, documented it more than 2,000 years ago, and modern science continues to confirm its therapeutic powers. Floating in it helps to release tension and stress, while deep breathing the sea air helps infinitesimal particles of salt to find their way into the deepest areas of your lungs, which has a significant physiological effect. Even the sound of the waves can have a positive impact on mental health; the therapeutic hum is often used for meditation and to help babies sleep.

Where better, then, to take full advantage of warm, crystal clear water and the freshest sea air than Dubrovnik, where you can while away hours gazing at the vast, cerulean Adriatic Sea?

Hotel Bellevue Dubrovnik, tucked into the secluded Miramare Bay, has breathtaking views over the shimmering sea thanks to its clifftop location. It reopened in April this year after a full refurbishment, exuding Mediterranean serenity even more emphatically thanks to its calming blend of natural colours and contemporary design.

The acclaimed designer – Lisbon-based Tereza Prego Design Studio – has masterminded the look and feel of 91 stylish rooms and suites, and the dining areas. Its concept champions building 'in harmony with nature', resulting in unique, extraordinary spaces, each of which merges seamlessly into a platform that feels like a ship floating at sea. Precise attention to detail has been paid across the board to ensure that guests benefit



as much as possible from Hotel Bellevue's enviable coastal location and its unparalleled views of the abundant sea. The Spa offers an Energy Clinic Signature Hydrating treatment, specially designed for preventing dehydration and restoring the original healthy condition of the skin. Meanwhile, the hotel's Vapor restaurant serves the finest local seafood (and has been recommended by the Michelin Guide for the third year in a row). The Adriatic Luxury Hotels group, to which

Hotel Bellevue belongs, is known for its attentive,

bespoke service. Should you wish to get out on the water for an up-close dose of vitamin sea and feel the real benefits of the ocean, a private sailing tour around the Elafiti Islands can be arranged through Carrier.

If your senses are craving the sea air and your mental and physical health needs a boost, Hotel Bellevue is the boutique retreat for this summer; where luxurious comforts, privacy and seclusion, romance and relaxation, fine dining and culture are all guaranteed.



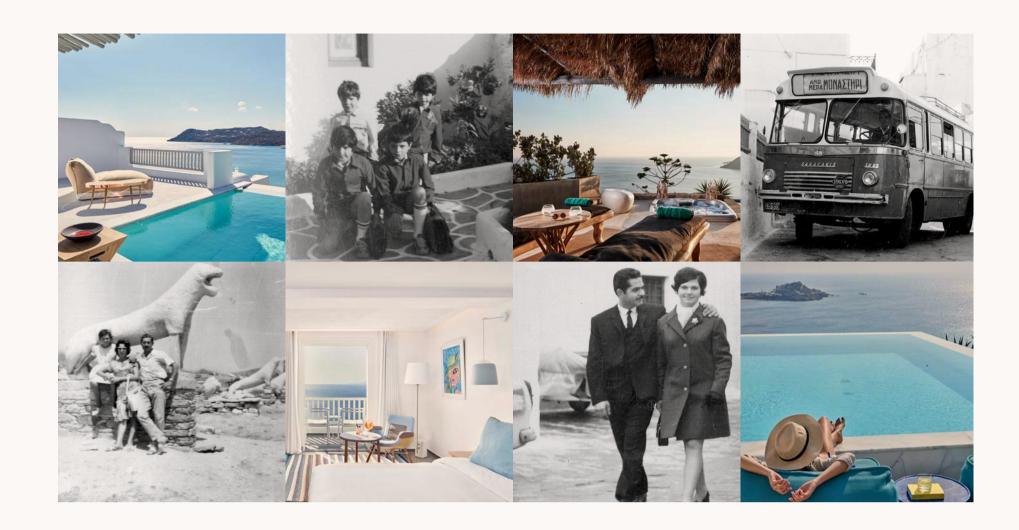
### HOTEL EXCELSIOR DUBROVNIK

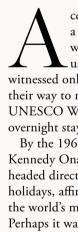
This stylish sanctuary is set against a cinematic backdrop of the Adriatic. Simply breathe in and taste the benefits of the sea: float in the freshwater pool and dine in the stunning seafront restaurant.



### VILLA ORSULA **DUBROVNIK**

Choose a book from the well-stocked library and sit amongst wild orange trees and lavender in the private gardens. Soak up the solitude with only the sounds and views of the deep-blue sea for company.





century ago, Mykonos was a secluded Aegean island, where its inhabitants lived using a barter trade, and witnessed only a trickle of tourists on their way to nearby Delos - a sacred UNESCO World Heritage site where overnight stays are forbidden. By the 1960s, the likes of Jackie Kennedy Onassis and Brigitte Bardot headed directly to Mykonos for holidays, affirming its status as one of the world's most desirable destinations. Perhaps it was the shimmering sun and the glittering sea that drew them in, or maybe it was the island's whitewashed simplicity and fresh local cuisine that appealed – whatever the reason, Mykonos promised something inimitable to its new admirers. Local entrepreneur George Daktylides had already established the first fleet of buses on the island when he became its third hotelier. The inaugural construction for what is today known

Living legends

Mykonos has long been the 'It' island of the Cyclades, and the charismatic Myconian Collection has always been its bastion of beauty and culture

Words: Marianne Dick

as the *Myconian Collection* – a familyowned empire of leading luxury hotels - was finished in 1979. Even though the arrival of the beau monde meant more money lapping onto the island, the 25-room Kohili was born of George and his wife Eleftheria's tireless hard work. While the couple were laying the

foundations of their livelihood, they were also bringing up four sons; within ten years the Daktylides had enough hotels to bestow one to each of their boys. In 1986, an exceptional structure, the Ambassador, was built among granite boulders on the rugged coastline - it was the first five-star hotel on the





island, setting the bar for Mykonos' future tourism trade.

After growing up helping their parents look after guests during their summer holidays, the Daktylides children all knew which direction they were heading. They attended the illustrious École Hôtelière in Lausanne where they honed their management skills in order to continue the family business. Today, there are 10 outposts (and nine grandchildren) and between them they hold membership to Relais & Châteaux, The Leading Hotels of the World, Design Hotels, Preferred Hotels & Resorts and Small Luxury Hotels of the World. George may be retired now but he still makes sure his grandchildren eat a balanced diet, made up of produce from his local suppliers who are now old friends.

Mykonos welcomes millions of tourists every year, yet holidaymakers return time and again to the Myconian Collection, charmed by its familiarity. The island might have changed but the ethos of the Daktylides, who were among those who made it the place that so many fell in love with all those years ago, has not.

The Daktylides' legendary hospitality at the Myconian Collection and its core values centred around family have always resonated with Carrier. Whether it's a honeymoon hideaway or a unique family experience, a curated journey to one of these hotels will leave you with an irresistible allure to return.

## Into the wild on

## A SOUTH AFRICAN SAFARI

Head off the beaten track in search of the Big Five, encounter the time-honoured customs of a nomadic tribe, or enjoy lunch at the home of a celebrity chef on a bespoke safari that's far from ordinary

Words: Lauren Romano

othing comes close to the thrill of shadowing a pride of lions on the prowl, or spotting a lethargic leopard catching 40 winks in the bough of a tree. Bumping along the dusty sun-drenched savannah in the back of a safari jeep is up there on many a bucket list. But much like the creatures that call the bushlands home, safaris come in all different shapes and sizes. For first-timers, South Africa is the perfect place to start – with more than 600 parks and reserves, it offers a patchwork of rolling harlequin green plains and remote desert sands dotted with diverse wildlife. What's more, with subtropical coastline, abundant vineyards and cosmopolitan cities to explore, there's wow factor everywhere you turn.

But why settle for the same well-trodden trail as everyone else, when you could unearth a truly out-of-the-ordinary experience, like tracking the animal kingdom's most elusive creatures with the help of a world-renowned guide, or immersing yourselves in the ways of the local tribes with a member of the community who knows them well?

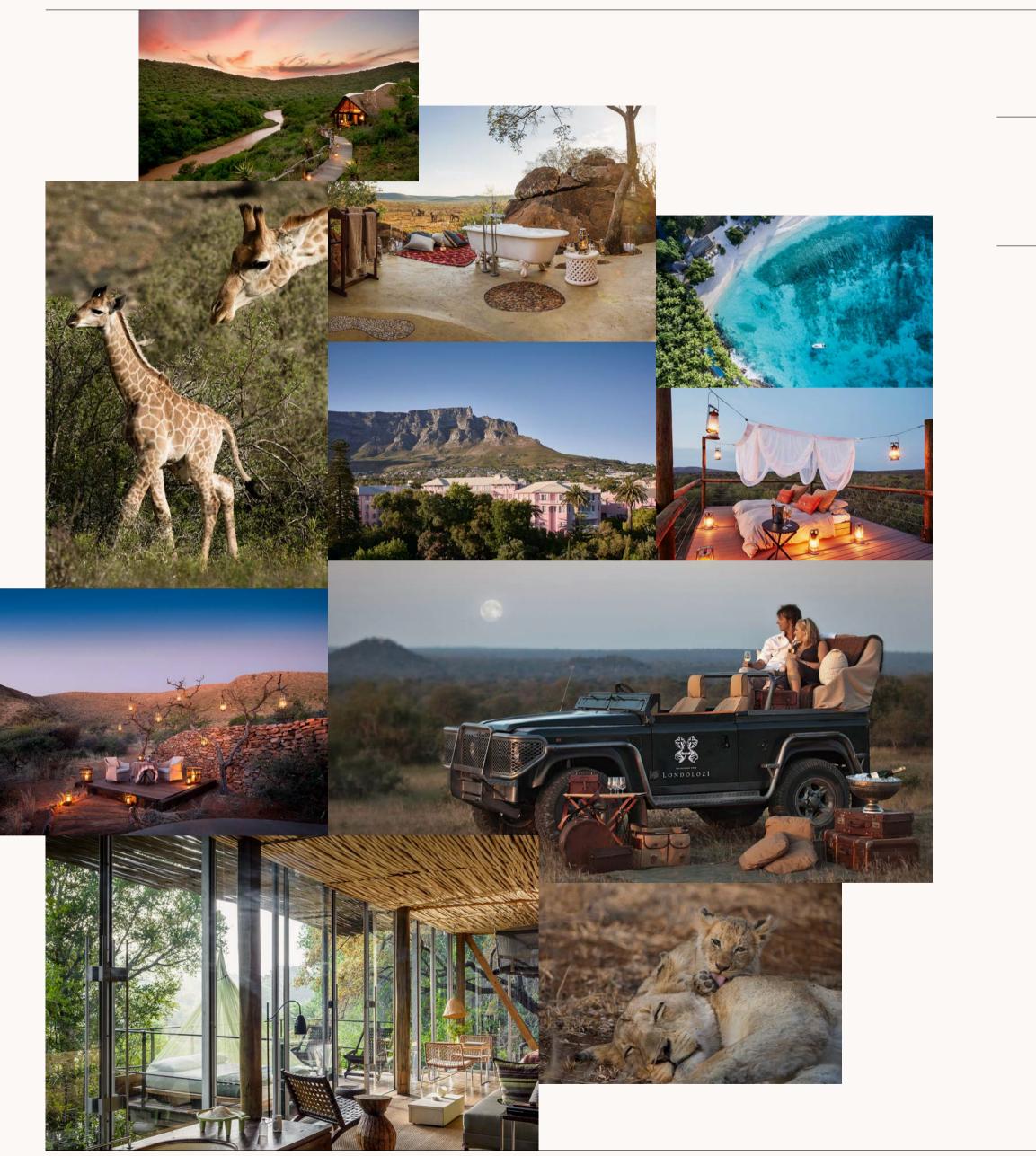
Once-in-a-lifetime opportunities and exclusive access to invitation-only places that offer the deepest connections to nature and the creatures and communities that live there is what makes a safari stand out from the crowd. Whether you're craving an adrenalin-fuelled adventure, want to come within heart-stopping distance of endangered species that elude all but the most seasoned safari experts, or to sip sundowners by the campfire with a world-class sommelier on hand – your wish is Carrier's command.

#### DO SOME SOUL-SEARCHING

First thing's first, before you dig out your Penelope Chilvers walking boots you'll need to ask yourself why you're taking the trip and what you want to get out of it. A safari can be a spiritual and emotional experience, and the chance to fulfil life-long dreams, so it's important to pin down your motivations and objectives. For example, are you looking to reconnect with nature? Do you want to slow the tempo and focus on your wellbeing? Or are you after adventure? Finding the right place and pace is key.

Across South Africa, from the sprawling Kruger National Park to the malaria-free Madikwe Game Reserve on the Botswana border, catching a glimpse of the coveted Big Five (lion, leopard, elephant, rhino and buffalo) is a given, but how you choose to shape this magical experience is down to you.





### Experienced rangers, many of whom were raised in the region, offer invaluable insights into local conservation projects

For those looking to embrace the great outdoors, opting to camp, with only a piece of canvas between you and the animals that roam freely, will immerse you in the sights, sounds and smells of the bush in the most exhilarating way imaginable – from the roar of lions surveying their stomping ground to the rustle of a black rhino in the thickets. At Madikwe Game Reserve's secluded *Sanctuary Makanyane Safari Lodge*, guests can go one step further and shed the canvas to sleep under the stars on a candle-lit platform.

But if that's a step too far out of your comfort zone, Carrier's handpicked lodges on private reserves enable you to live in the lap of luxury with four-poster beds, infinity pools and first-rate dining experiences. Staying in a lodge doesn't mean distancing yourself from the wildlife altogether, however. At Sabi Sands near the Kruger National Park, *Londolozi Private Game Reserve* features five opulent camps where animal-spotting is high on the agenda. At Founders Camp, experienced rangers, many of whom were raised in the region, offer invaluable insights into the local conservation projects taking place, while over at Private Granite Suites, guests have front row seats of the river and the wildlife it attracts from their private swimming pool or outdoor bathtub.

### ENLIST THE HELP OF AN EXPERT

Planning a safari is far from straightforward and can often involve military precision. Not only are the smallest and most exclusive lodges often booked up 12 months in advance and business class seats snapped up similarly swiftly, organising a safari requires an in-depth understanding of the countless regions, game reserves, camps and lodges, something that Carrier fortunately has in abundance. Compiling an unforgettable experience comes down to the most minute of details – and having a bulging contacts book filled with renowned guides and animal trackers to take you off the beaten track certainly helps. Away from the savannah, Carrier's relationships with local experts will take guests behind the scenes at little-known wineries, secure access to private views at cultural institutions and reserve coveted tickets to the hottest tables in town. And if all that doesn't suffice, being whisked by private jet to acclaimed chef Reuben Riffel's home for lunch should do the trick.

#### THE BEST OF BEACH, BUSH AND WINE

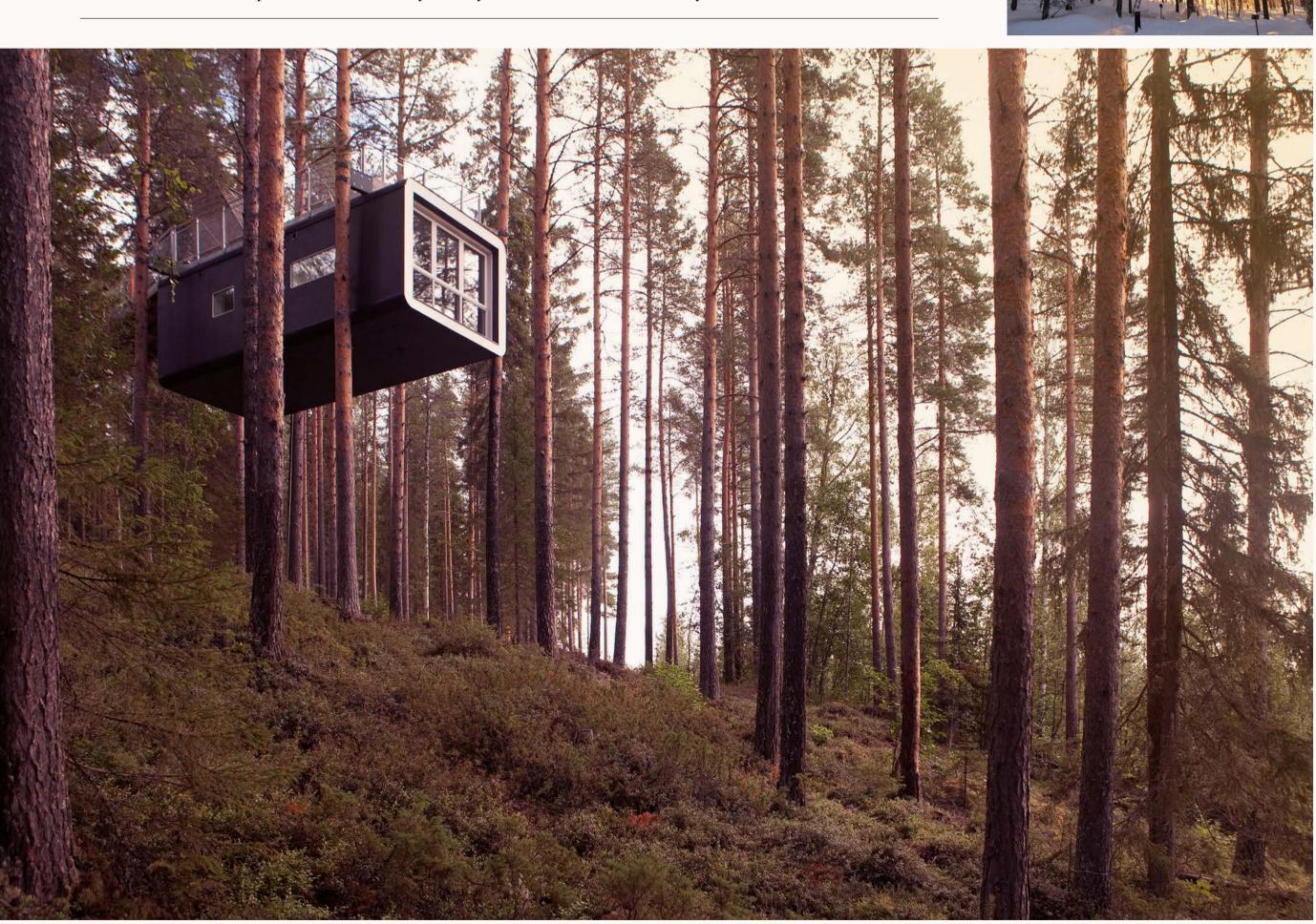
The beauty of a break in South Africa is that you can combine different regions with ease, for a truly unforgettable break. From wild beaches and verdant vineyards to vast game reserves, the country is a place of contrasts and enriching experiences encompassing the high octane and the tranquil. While a safari is a truly memorable adventure in its own right, branching out and blending it with a stop off in buzzing Cape Town or an epicurean road trip around the winelands will add an extra dimension to your travels and restore and revive you for the long game drives on the horizon.

Cape Town's cosmopolitan charms are seductive. With museums, galleries, boutiques and restaurants in abundance, the city's magnetic energy will stay with you long after you hit the open road and the dusty savannah terrain. Or, if you want to unwind and recharge your batteries after a week spent in the confines of a jeep, a visit to the Stellenbosch wine region will provide a welcome interlude. Tucked away between Stellenbosch and Franschhoek at the foot of Botmaskop mountain, *Delaire Graff Estate* is the perfect spot to kick back and enjoy the local vintages. Book in to one of the stunning lodges that offer views over the vineyards and wile away the time between wine tastings admiring renowned jeweller Laurence Graff's private collection of contemporary art or unwinding at the spa.

For a more far-flung diversion, and the most enviable end-note to your trip, make the most of convenient connecting flights to combine a safari with a luxurious beach break. Mauritius and the Seychelles are within easy reach; the sapphire waters and sugar-white sands will have you nodding off dreaming of giraffes elegantly gliding by. Relaxing amidst islands ranked amongst the world's most aesthetically pleasing, you'll feel thousands of miles from anywhere. So for a safari that tops everyone's bucket list: curate, customise and combine. Why settle for ordinary when you can have extraordinary?

## How to save the planet

Going on holiday is not just about what you can do, it's about who you aspire to be and achieving a better version of yourself. Making a difference to the planet and communities through local conservation and philanthropy is top of the list for many luxury travellers. Discover who you can be...





### **BE AN ENVIRONMENTALIST**

Far away, in the depths of *Northern Sweden* is the tiny village of Harads. It's here that two locals have fully embraced their natural surroundings – the wondrous Nordic woodland. Owners Kent Lindvall and Britta Jonsson-Lindvall have imaginatively set up guesthouses that fully embrace and reflect (sometimes quite literally) the local environment. Wanting to stay close to their roots and create a livelihood in their home village, they partnered with Scandinavia's leading architects to create some of the most unique buildings in the world.

*Treebotel* operates seven properties alongside its main guesthouse. Each one is inspired by different elements of nature and thus sustainability is at the core of every design and the operation of the hotel.

Every building has been erected in the forest with minimal impact to the peaceful backdrop of trees and animals. No trees were chopped down during the process – in fact, the rooms are actually built onto live trees without destroying them. The wooden floors of the rooms are free of chemical substances, electricity is supplied locally from green hydroelectric power, and lighting consists of low-energy LED-systems. Even the bathrooms make no impact: there's no sewage system, instead environmentally-friendly combustion toilets have been installed. While accommodation may be simpler than many hotels, guests lie in their beds safe with the knowledge that their carbon footprint is minimal.

Not only do guests have the chance to sleep underneath the Northern Lights, but they can experience the magic of nature by day, too. Enjoy a family fishing trip and pick wild berries along the way, or hike across the earth to take in the smells, colours and textures.

A stay at the Treehotel is purposeful in many ways – not only will you have minimal impact on the environment, trees and animals, but you can relax, unwind and escape those stresses of everyday life in a truly unique, one-of-kind property. Choose from a glass mirror cube, a camouflaged cabin or even a UFO.

Clockwise from left: The Cabin, Bird's Nest, The Cabin interior, UFO, The Mirrorcube







Guests are immediately immersed in the magical landscape, tropical plants and the ethereal sounds of wildlife





### **BE A PHILANTRHOPIST**

Shrowded by dense rainforest is Capella Ubud, Bali, set on sloping terrain near the sacred Wos River and the Keliki Village. Arriving here, guests are immediately immersed in the magical landscape, tropical plants and the ethereal sounds of wildlife.

However, the best way to fully integrate yourselves with the local community is by meeting one of the young maestros of Keliki painting: I Wayan Gama.

Beginning his career as a professional painter back in 2002, he, together with a few villagers, set up a painting school for children in order to keep traditional Keliki

painting skills and culture alive. Keliki-style paintings are mostly done on paper with Chinese ink and generally depict a romantic interpretation of daily life in the island's rural villages, the beauty of the island's flora and fauna, as well as Hindu myths and local folklore. The style is famous for its rich gradations and extreme detail, both of which demand hours of prolonged concentration from the painter.

Students as young as seven begin their journey as a painter under the tutelage of Wayan Gama and while staying at Capella Ubud, guests can join in too. Not only does it give you a chance to explore your artistic talent, but it helps support these talented artisans.

### **BE AN HISTORIAN**

History is at the heart of Vedema, a Luxury Collection **Resort** in **Santorini**. The stunning property originates from a 400-year-old wine cellar and a 100-year-old mansion situated within

the medieval village of Megalochori.

It's no surprise then, that the hotel encourages guests to embark on a tour of the village in order to showcase its magnificent architecture and fascinating secrets. Each tour is conducted by the hotel's

Guest Relations team and reveals the unique Cycladic design that characterises the area, as well as the World War I monument. But that's not all. At the end, guests are invited to join an exchange with the local community to find out more.





### **BE AN INVESTOR**

Sir Richard Branson has always had philanthropy at the heart of every single one of his businesses and it's no exception for his retreat, *Kasbah Tamadot* in *Morocco*, which forms part of the collection of

Virgin Limited Edition escapes. Tansghart, which guests can The hotel works with the Eve Branson Foundation, a charity that provides longterm help to people through sustainable enterprises in local communities. One such initiative is a craft house in the neighbouring village of

visit. There's the chance to buy some wonderful artisanal products to preserve the memory of your visit, too. The Foundation, with the support of guests, has also initiated a rubbish collection after local authorities stopped the service.





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